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An anniversary edition of BKS Iyengar Yoga: The Path to Holistic Health, to celebrate BKS Iyengar's 90th birthday in January 2008. Contains 30 pages of all-new material and features an introductory celebration of BKS Iyengar's life and teachings. The design of the book has also been refreshed and updated. show more

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Eispeth Iyengar Yoga, Long Reach Road, London (2020)

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BKS Iyengar Yoga:The Path to Holistic Health makes Iyengar Yoga accessible to all, while celebrating the life and work of the world renowned B.K.S Iyengar. B.K.S Iyengar is a world leading authority on hatha yoga and is globally respected for his holistic approach and technical accuracy.

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Nivram Yoga, Lessingstr. 3, Mauer (2020)

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